## Walking in Northern Ireland $\dot{\boldsymbol{i}}$

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Results from the Travel Survey for Northern Ireland (TSNI) 2016-2018

## Key walking facts

miles walked per person per year
miles - average journey length

## Purpose of walking

Purpose as proportion of all walking journeys


19\% of all journeys taken

3\% of total distance travelled


\% who walked 20 minutes or more at least once a year by age and sex

*Includes walking journeys just for pleasure

## Frequency of walking

Walks of at least 20 minutes


* "Every day" also includes walking every working day/school day but not at weekends


## Walking in the TSNI

A walking journey in the TSNI is one where walking is the main mode (form of travel used for the greatest length of the journey). Walks under 50 m are excluded. Walks over 50 m but under 1 mile are recorded only on day 1 of the travel diary and grossed up for the full travel week. Distance figures include walks made as part of any journey. Further definitions can be found in the In-depth report, available at the link below.

Proportion who walk for at least 20 minutes less than once a year or never, by age


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## Walking in Northern Ireland

Walking journeys as a \% of all journeys by journey length


## Walking trend

\% of all journeys where main mode of travel is walking


What would encourage respondents to walk more often?


Key urban-rural walking facts*
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*Urban-rural information is based on the areas where the respondents live

## Walking to school and work

$\%$ of school journeys which were walked

$10 \%$ of workers usually


[^0]:    About this factsheet
    Results in this factsheet refer to 2016-2018 except where otherwise stated.
    The next edition (for 2017-2019) will be published after the next in-depth results are released in early 2021.

